



IHEPS

INDIANA HEALTHCARE EMERGENCY PREPAREDNESS SYMPOSIUM

2018

SPEAKER Kimble L. Richardson, M.S., LMHC, LCSW, LMFT, LCAC

TITLE “Behavioral Health Crisis Intervention: Which approach should I use?”

ABSTRACT Lecture Summary:



Emergency management and disaster preparedness personnel have been increasingly open to including Behavioral Health in their operations onsite and in preplanning strategies. Many emergency professionals have a basic understanding about Critical Incident Stress Management (CISM), but may not know about any updates, about Psychological First Aid, PsySTART, Mental Health First Aid, or NOVA training. This session will introduce the basic concepts of several crisis intervention models, and list the pros and cons for each.

- a. Name three different types of Behavioral Health crisis intervention models.
- b. List two ways your organization/agency could utilize Behavioral Health resources prior to, during, and after a crisis.
- c. Name and least one pro and one con for each of the crisis intervention models discussed.

Kimble received his Masters degree with honors in Counseling and Counselor Education from Indiana University in 1987. He was co-coordinator for emergency department services at Wishard Hospital/Midtown Community Mental Health Center for four years, served in various capacities at St. Vincent Stress Center for close to 23 years, and currently is manager of business development and referrals for Community Health Network – Behavioral Health. He is licensed in Indiana as a mental health counselor, clinical social worker, marriage and family therapist, and clinical addiction counselor. He holds an appointment by the governor to the Behavioral Health and Human Services licensure board and currently is the board vice president and administrative law judge. Kimble is a former president of the Indiana Mental Health Counselors Association and in 1996 was named “Mental Health Counselor of the Year”. In March 2011 he was awarded the “Barbara Walker-Cole Distinguished Counselor of the Year” by the Indiana Counseling Association. He is an adjunct faculty member at the University of Indianapolis in the Department of Psychology and the School for Adult Learning and was named the Outstanding Faculty Member of the Year for 2013. He is the recipient of the 2013 Charles E. Heineman Allied Health Professional Award from the Indiana Psychological Association. Kimble was a member of the inaugural board of the American Foundation for Suicide Prevention (AFSP) Indiana Chapter and past co-coordinator of

AFSP's Indianapolis Out of the Darkness Community Walk. He is on the advisory council for the Indiana University Counseling Psychology Department. In addition, he is the clinical coordinator for several Critical Incident Stress Management (CISM) teams, a member of the Indiana State CISM Team, the Indiana Mental Health Disaster Response Team, the American Red Cross Disaster Mental Health Services Team, the Indiana Mortuary Emergency Response Team, and the Crisis Intervention Team (a partnership between Law Enforcement, NAMI, and mental health professionals). He is a member of the Indianapolis Metropolitan Police Department's Homeless Death Review Board. Kimble has presented at the World Congress on Stress, Trauma, and Coping, the National Healthcare Coalition Preparedness Conference, National Nursing Management Congress, and National Neonatal Association. He does a vast amount of public and professional speaking on a wide variety of behavioral health topics. He is often interviewed in broadcast, radio, social, and print media. Kimble was the inaugural chair of the Behavioral Health Working Group with the MESH Coalition, a public-private partnership that helps organizations prepare for, respond to, and recover from adverse events or disasters.